Q1: Sex

1-male

2-female

Q2: Age

1. Less than 5 years
2. 5 - 10 years
3. 11 - 18 years
4. 19 - 40 years
5. 41 - 49 years
6. More than 50

Q3: Residence

1. Rural
2. Urban

Q4: Height (Inches)

Q5: Weight (Kg)

Q6: Education

1. Less than 5 years
2. 6 -10 years
3. More than 10 years

Q7: Occupation

1. unemployed
2. Service holder
3. Laboure
4. Businessman
5. House work
6. Others

Q8: Physical Exercise in work place

1. Less
2. Medium
3. More

Q9: Taking regular physical exercise

1. Yes
2. No

Q10: Having Co-morbidity

1. Heart problems
2. Hypertension
3. High cholesterol in blood
4. Diabetes
5. Stroke
6. Diseases of the kidneys
7. Tuberculosis
8. Pneumonia
9. Asthma
10. Any organ transplant or operation within one year
11. There are no physical problem

Q11: Tested positive(month)

1. April
2. May
3. June
4. July
5. August
6. September
7. October
8. November
9. December

Q12: Place of care

1. Hospital (ICU)
2. Hospital(Non ICU)
3. Home

Q13: Duration of hospital stay

1. Not needed
2. Less than 5 days
3. 5 to 10 days
4. More than 10 days

Q14: Symptoms of COVID-19

1. No symptoms were seen
2. Cough
3. Fever
4. Chest pain
5. Shortness of breath
6. Cold
7. Fatigue
8. Headache
9. Sore throat
10. Nausea of vomiting
11. Felling of constant pain or pressure in the chest
12. Tasteless or odorless
13. Diarrhea

Q15: Health status (Own Assessment)

1. Excellent
2. Very good
3. Good
4. Roughly
5. Bad

Q16: Compared with previous year

1. Much better now
2. It’s a little better now
3. The same
4. Slightly worse
5. Too bad

Q17: Mobility

1. No problem
2. Slight problem
3. Sever problem

Q18: Self-Care

1. No problem
2. Slight problem
3. Sever problem

Q19: Usual Activities

1. No problem
2. Slight problem
3. Sever problem

Q20: Pain/Discomfort

1. No problem
2. Slight problem
3. Sever problem

Q21: Anxiety/Depression

1. No problem
2. Slight problem
3. Sever problem

Q22: Visual Score